

**SUNRIDGE  
VANDAG**



**SUNRIDGE  
TODAY**

9 May / Mei 2025

Dear Parents

With the long weekend, public holidays and extra days off adding up to more days than the holidays, the first month of the second term had only a few productive school days. Although under control and planned for it will still put pressure on academics. Kindly support your child accordingly as it is very important that "D-dates" are met.

The extra curriculum activities required careful planning - patience and punctuality will be the key.

As the senior team coaches reap the fruit of coaching and opportunities over the past six years we are blessed with our A team netball, rugby and hockey returning from very successful tours. Our cultural department is hard at work and we look forward to an exciting event in the near future. Although our school is not defined by this, creating opportunities for all irrespective of the level they participate on, is an essential part of development.

As academics is the back bone and a more essential part in defining our school we need to recognize this and ensure that our learners can comply with the outcomes required. Hard work and persistence are the key. Though the majority of our learners are on track, a few need to pull up their socks. The year has just begun but we all know the saying 'Tempus Fugit' (time flies) and we must not be caught sleeping - support from home play a vital role.

While on the topic of "defining" a school we must acknowledge that the child we prepare for high school in relation to values is the foundation which defines us. Respect, Integrity, Compassion and Honesty are just the basic foundations needed to correct our moral standards which seem to have lost its ability to point to the true north in life. It is time to return to moral values and at Sunridge we will start, as a matter of urgency, with basic respect towards our women.

We expect everyone to take a lead in this moral drive - we will provide the example, support and opportunities. We invite you to join us as this drive will reveal itself over the following weeks and months.

Ladies, we value you and your role in our society. Thank you for your kindness, humble service and love which allows all of us to grow and reach our full potential.

**"Some people feel the rain. Others just get wet." – Bob Marley**

Sunshine greetings  
M DE VRIES  
Principal

**TAVCOR**



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Geagte Ouers

Met die lang naweek en 'n hele rits vakansiedae in die eerste maand van die tweede kwartaal, was daar slegs enkele produktiewe dae. Hoewel dit onder beheer en beplan was, plaas dit druk op die akademie. Ondersteun asseblief u kind, want dit is uiters belangrik om by sperdatums te hou.

Buitemurse aktiwiteite verg ook sorgvuldige beplanning, maar geduld en stiptelikheid is die wagwoord.

Die senior spanafrigters pluk nou die vrugte van die afrigting en geleenthede van die afgelope ses jaar – ons is geseënd dat ons A-spanne – netbal, hokkie en rugby – van uiters suksesvolle toere teruggekeer het. Ons kultuurafdeling is ook druk besig en ons kan uitsien na 'n opwindende geleentheid in die nabye toekoms. Hoewel dit nie ons skool definieer nie, is dit 'n noodsaaklike aspek van ontwikkeling om geleenthede vir almal te skep – ongeag die vlak waarop die kind deelneem.

Aangesien die akademie die ruggraat van ons skool is en 'n noodsaaklike rol speel om ons skool te definieer, moet ons dit erken en verseker dat ons leerders aan die vereiste uitkomst kan voldoen. Harde werk en volharding is die wagwoord. Hoewel die meeste van ons leerders op spoed is, is daar 'n paar wat hul sokkies moet optrek. Die jaar het maar pas begin, maar ons almal ken die uitdrukking Tempus Fugit (die tyd vlieg) en ons moenie onverhoeds betrap word nie. Onthou, ondersteuning vanaf die ouerhuis is van die uiterste belang.

Terwyl ons bespreek wat 'n skool "definieer", moet ons daarvan bewus wees dat die kind wat ons met waardes toerus wat hulle vir die hoërskool voorberei, die grondslag lê waarvolgens ons skool gedefinieer word. Respek, Integriteit, Deernis en Eerlikheid is die basiese grondslag om ons morele kompas te rig – dit wil voorkom asof ons morele kompas sy vermoë om na ware noord te wys, verloor het. Dit is tyd om ons morele waardes te herontdek en by Sunridge sal ons as 'n saak van dringendheid met basiese respek teenoor dames begin.

Ons verwag dat almal die leiding sal neem met hierdie poging en ons sal die voorbeeld, ondersteuning en geleentede daar stel. Almal word genooi om by ons aan te sluit – die besonderhede sal oor die komende weke en maande bekend gemaak word.

Dames, ons waardeer u en die rol wat u in die samelewing speel. Baie dankie vir u vriendelikheid, nederige diens en liefde wat ons almal toelaat om te groei en ons volle potensiaal te bereik.

**"Some people feel the rain. Others just get wet." – Bob Marley**

Sonskyngroete  
M DE VRIES  
Skoolhoof

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## ACHIEVEMENTS / PRESTASIES

*If not a school event, official results must be emailed to [wendy@sunridge.co.za](mailto:wendy@sunridge.co.za) within one week of the event.  
Indien nie 'n skoolaktiwiteit nie, moet uitslae binne een week na [wendy@sunridge.co.za](mailto:wendy@sunridge.co.za) gestuur word.*

**INDOOR CRICKET:** The following learners represent EP at the SA Indoor Cricket Nationals - **Stryden Beneke** and **Hanru Hayward**. Kaden Nortje has been selected for the final trials squad for the 2026 Junior World Series.

**KARATE:** **Jack le Roux** represented the EC at the WUKF Championships and Afro-Asia Open, he received gold medals for Kobudo (short weapon) and Kobudo (long weapons). **Mieke Jordaan** represented the EC at the League 1 and Development Championships, she received a silver medal for Kumite and a bronze medal for Kata.

**NETBALL:** **Peyton Nortje** has been selected for the BRSI invitational team to tour Singapore in December 2025 - this team was selected from the players at the Paarl Gymnasium Netball Tournament.

**TENNIS:** **Reghardt van Zyl** played in the TSA Cradock tournament and won the silver medal.



The poster features a background image of a golf course with a white golf ball and a golf club head resting on the grass. The text is centered and reads: **SUNRIDGE PRIMARY ANNUAL GOLF DAY 29 August 2025 BOOKINGS NOW OPEN**. At the top right is the Sunridge Primary logo, which includes a shield with a stylized plant and the motto 'CONIUNCTI CRESCIMUS'. The bottom section of the poster, on a green background, provides the event details: **Humewood Golf Club**, **4-Ball Alliance - Scramble Drive**, and contact information for Glenn (082 691 1921), Debby (083 243 5877), and Ilze (083 320 6229). The email address [sunridgeprefects@gmail.com](mailto:sunridgeprefects@gmail.com) is listed at the bottom.

**SUNRIDGE**

**PRIMARY**

**ANNUAL GOLF DAY**

**29 August 2025**

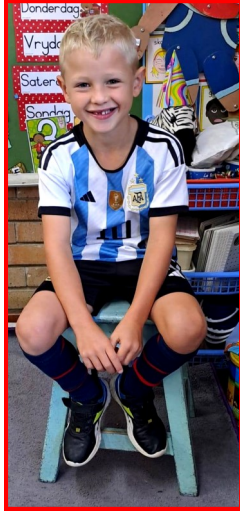
**BOOKINGS NOW OPEN**

**Humewood Golf Club**  
**4-Ball Alliance - Scramble Drive**

Glenn 082 691 1921      Debby 083 243 5877  
Ilze 083 320 6229

[sunridgeprefects@gmail.com](mailto:sunridgeprefects@gmail.com)

# PHOTO GALLERY / FOTOGALERY



<b>RUGBY - LEAGUE</b>			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	GREY	7 - 53	DIVANDRÉ VOSLOO
U/13B	CLARENDON PARK	14 - 10	BRADY KRETZMAN
U/13C	GREY D	0 - 49	LUDIK ODENDAAL
U/13D	LORRAINE	10 - 14	LIZALISE MGIJIMA
U/11A			
U/11B	JOHN MASIZA	10 - 7	MARNUS MULLER
U/11C	LORRAINE	52 - 0	MIKA SAMSON
U/11D	GREY C	0 - 37	ZANE VAN NIEKERK
U/9A			
U/9B	HERBERT HURD	43 - 0	LINCOLN MARSHALL
U/9C	GREY D	0 - 40	ZUAN VAN NIEKERK

<b>SUPER 12 RUGBY SERIES</b>			
U/13A			
U/11A	LORRAINE	38 - 0	DYLAN OOSTHUIZEN
U/9A	LORRAINE	52 - 0	LJ VENTER

<b>NETBALL - LEAGUE</b>			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
U/13A	VERKENNER	31 - 6	PEYTON NORTJE
U/13B	VERKENNER	18 - 2	CARMI GERBER
U/12A	VERKENNER	8 - 12	JANA EHLERS
U/12B	VERKENNER	16 - 0	KIANÉ HERION
U/11A	VERKENNER	17 - 2	LEILA SENEKAL
U/11B	VERKENNER	4 - 0	NIYOLE FAAS
U/10A	VERKENNER	14 - 3	ANDREA GREEFF
U/10B	VERKENNER	11 - 1	KARLI ERASMUS
U/9A	VERKENNER	10 - 0	COURTNEY OOSTHUIZEN
U/9B	VERKENNER	12 - 0	MONJA GELDENHUYS
U/8A	VERKENNER	7 - 1	LEA KRUGER
U/8B	VERKENNER	8 - 0	ANRI BOSCH
U/7A			
U/7B			

<b>GIRLS HOCKEY - LEAGUE FIXTURES</b>			
U/14A	HERBERT HURD	3 - 1	HARPER ZEHMKE
U/14B	HERBERT HURD	0 - 0	BREECE SLATER
U/14C	ST GEORGES A	0 - 1	LARA JANSE VAN RENSBURG
U/11A	CLARENDON	0 - 6	EMILY GERBER
U/11B	CLARENDON	0 - 3	LACEY-JO SHARKIE
U/10A	ERICA	1 - 4	ANKE-MARI ROETS
U/10B	ERICA	2 - 1	LIANÉ CHAMBERS
U/10C			
U/10D			
U/9A			
U/9B			
U/9C	WESTERING	1 - 4	EMMA-LEIGH PIENAAR
U/9D	WESTERING	0 - 0	MIA BEUNDERMAN



<b>BOYS HOCKEY - LEAGUE FIXTURES</b>			
U/14A			
U/14B			
U/14C			
U/11A	HERBERT HURD	0 - 11	MARTHINUS LE ROUX
U/11B	HERBERT HURD	0 - 7	MALAN BARNARD
U/9A	SUMMERWOOD	6 - 3	LUCA BLIGNAUT
U/9B			

<b>TENNIS RESULTS</b>			
TEAM	OPPONENT	RESULT	PLAYER OF THE MATCH
MIXED 1ST TEAM	COLLEGIATE A	7 - 17	REGHARDT VAN ZYL
MIXED B TEAM	COLLEGIATE B	12 - 12	LEEAH KLEYNHANS

<b>WILDEKLAWER</b>			
<b>TEAM</b>	<b>OPPONENT</b>	<b>RESULT</b>	<b>PLAYER OF THE MATCH</b>
<b>RUGBY</b>			
U/13	ORION	7 - 24	NATHAN McCONIGLE
	PIETERSBURG-OOS	28 - 21	LOGAN BEZUIDENHOUT
	TYGERPOORT	15 - 36	DIVANDRÉ VOSLOO
<b>NETBALL</b>			
U/13	RANDHART	11 - 13	LIA VAN RENSBURG
	WIERDAPARK	6 - 28	PEYTON NORTJE
	BASTION	13 - 12	INCKE MASSYN
	NEWTON	17 - 11	BRIGETTE VAN ROOYEN
	HELDERKRUIN	16 - 6	LIA VAN RENSBURG
	RUSTENBURG	20 - 10	PEYTON NORTJE
	ORANJE MEISIES	6 - 7	PEYTON NORTJE
	GENE LOUW	9 - 10	AALIYAH NGQISHA

<b>BACKWARD POINT NETBALL FESTIVAL</b>			
<b>TEAM</b>	<b>OPPONENT</b>	<b>RESULT</b>	<b>PLAYER OF THE MATCH</b>
U/12	REDDAM DURBANVILLE	16 - 2	BROGAN EKE
	COLLEGE HILL	21 - 4	JANA EHLERS
	REDDAM CONSTANTIA	18 - 7	LIANÉ MULLER
	PARKLANDS COLLEGE	12 - 2	CATHERINE DOUBELL
	PARSONS HILL	19 - 0	ANINA MYBURGH
	COLLEGIATE	15 - 1	BROGAN EKE
	WOODRIDGE	17 - 2	LANDI JANSE VAN RENSBURG
	MERRIFIELD	23 - 0	KAYTEM JONCK
	KNYSNA	20 - 8	CATHERINE DOUBELL
	ST GEORGES	29 - 0	KARIEN VAN RENSBURG
	LORRAINE	11 - 7	KAYTEM JONCK



# PRICE LIST 2025

NEW ITEMS FOR SALE	PRICE
<b>BLAZERS</b>	R650.00/ R670.00
<b>SCHOOL DRESSES</b> (6,7,8,9,10,11,12,13,14,15,16,17,18, 19, 20)	R325.00 / R455.00
<b>L/ SLEEVE NAVY SCHOOL JERSEYS</b> (24, 26, 28, etc)	R275.00/ R310.00
<b>POCKET BADGES FOR BOYS SUMMER SHIRTS</b>	R30.00
<b>LONG GREY SCHOOL SOCKS</b> (9-12, 13-3, 4-7, 8-10, 10-12)	R75.00
<b>BOYS TIE</b>	R150.00
<b>PT GOLF SHIRT</b> (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL, 2XL)	R210.00 / R220.00
<b>HOUSE SHIRTS</b> (5-6, 7-8, 9-10, 11-12, 13-14, S, M, L, XL, 2XL)	R210.00 / R220.00
<b>RIPSTOP JACKETS</b> (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R420.00/ 450.00
<b>RIPSTOP PANTS</b> (7-8, 9-10, 11-12, 13-14, S, M, L, XL)	R295.00/ R315.00
<b>GIRLS PT SHORTS</b>	R160.00 / R175.00
<b>BOYS PT / RUGBY SHORTS</b>	R170.00 / R180.00
<b>GIRLS HOT PANTS</b>	R100.00
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<b>LETTER LADY JUNIOR BAG</b>	R460.00
<b>SPORT TOG BAG</b>	R340.00
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<b>U/13A GIRLS/ BOYS ORANGE HOCKEY SOCKS</b>	R90.00
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<b>U/13A ORANGE ANKLE SOCKS NETBALL/ TENNIS</b>	R65.00
<b>BOYS CRICKET SHIRTS (SUBLIMATED)</b>	R305.00/ R315.00
<b>RUGBY JERSEYS (SUBLIMATED)</b>	R380.00/ R390.00
<b>BOYS HOCKEY/ TENNIS SHIRT (SUBLIMATED)</b>	R300.00/ R305.00
<b>BOYS HOCKEY/ TENNIS SHORTS (SUBLIMATED)</b>	R230.00/ R240.00
<b>GIRLS NETBALL/HOCKEY/TENNIS TOP (SUBLIMATED)</b>	R300.00/ R305.00
<b>GIRLS NETBALL/HOCKEY/ SKIRT (SUBLIMATED)</b>	R220.00/ R230.00

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